

# January 2019

Salad Bar Daily –Grades 7-12 Milk Choice: 1% White or Fat Free Chocolate

Monday	Tuesday	Wednesday	Thursday	Friday
	1) <b>NO SCHOOL</b>	2) <b>NO SCHOOL</b>	4) Waffle Sticks, Sausage, Syrup, Fruit, Milk & Juice <hr/> Sloppy Joes, Broccoli & Carrots with Ranch, Pickles, Fruit, Milk	5) Cereal, Toast, Fruit, Milk & Juice <hr/> Nachos w/ Chili & Cheese, Salsa, Jalapenos, Beans, Fruit, Milk
7) Biscuits, Gravy, Sausage, Fruit, Milk & Juice <hr/> Salisbury Steak, Mashed Potatoes, Green Beans, Roll, Gravy, Fruit, Milk	8) Biscuit, Eggs, Sausage, Fruit, Milk & Juice <hr/> Pizza, Salad, Fruit, Milk	9) Malt-O-Meal, Toast, Fruit, Milk & Juice <hr/> Frito Chili Pie, Ranch Beans, Fruit, Milk	10) Breakfast Pizza, Fruit, Milk & Juice <hr/> Baked Chicken, Mashed Potatoes, Broccoli, Roll, Gravy, Fruit, Milk	11) Cereal, Toast, Fruit, Milk & Juice <hr/> Vegetable Beef Soup, Crackers, Fruit, Milk
14) Biscuits, Gravy, Sausage, Fruit, Milk & Juice <hr/> Chicken Strips, Mashed Potatoes, Gravy, Broccoli, Teddy Grahams, Fruit, Milk	15) Breakfast Burritos, Fruit Milk & Juice <hr/> Tater Tot Casserole, Green Beans, Sweet Crackers, Fruit, Milk	16) Oatmeal, Toast, Fruit, Milk & Juice <hr/> Tacos, Lettuce, Tomatoes, Salsa, Mexican Corn, Fruit, Milk	17) Pancakes, Sausage, Syrup, Fruit, Milk & Juice <hr/> Hot Dog, Beans, Carrots, Fruit, Milk	18) Cereal, Toast, Fruit, Milk & Juice <hr/> Spaghetti, Garlic Toast (HS), Green Beans, Brownie, Fruit, Milk
21) <b>NO SCHOOL</b>	22) Granola Bars, Yogurt, Fruit, Milk & Juice <hr/> Sloppy Joes, Broccoli & Carrots with Ranch, Pickles, Fruit, Milk	23) Malt-O-Meal, Toast, Fruit, Milk & Juice <hr/> Cheese Burger, Lettuce, Tomato, Pickles, Tots or Fries, Fruit, Milk	24) Waffle Sticks, Sausage, Syrup, Fruit, Milk & Juice <hr/> Pizza, Salad, Fruit, Milk	25) Cereal, Toast, Fruit, Milk & Juice <hr/> Enchiladas, Spanish Rice, Salsa, Jalapenos, Beans, Fruit, Milk
28) Biscuits, Gravy, Sausage, Fruit, Milk & Juice <hr/> Chicken Noodle Soup, Carrots, Fruit, Milk	29) Biscuit, Eggs, Sausage, Fruit, Milk & Juice <hr/> Shepard's Pie, Roll, Broccoli, Carrots, Fruit, Milk	30) Oatmeal, Toast, Fruit, Milk & Juice <hr/> Corndogs, Carrots, Chips, Fruit, Milk	31) Breakfast Pizza, Fruit, Milk & Juice <hr/> Baked Potato, Chili, Cheese, Rice Crispy Treat, Fruit, Milk	
			<i>Fruits and Vegetables are subject to change</i>	<b>"THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER"</b>

# December 2018

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Monday	Tuesday	Wednesday	Thursday	Friday
3) Biscuits, Gravy, Sausage, Fruit, Milk & Juice <hr/> Taco Salad, Chips, Beans, Fruit, Milk	4) Granola Bars, Yogurt, Fruit, Milk & Juice <hr/> Sloppy Joes, Broccoli & Carrots with Ranch, Fruit, Milk	5) Oatmeal, Toast, Fruit, Milk & Juice <hr/> Cheese Burger, Lettuce, Tomato, Pickles, Tots or Fries, Fruit, Milk	6) Waffle Sticks, Sausage, Syrup, Fruit, Milk & Juice <hr/> Pizza, Salad, Fruit, Milk	7) Cereal, Toast, Fruit, Milk & Juice <hr/> Enchiladas, Spanish Rice, Salsa, Jalapenos, Beans, Fruit, Milk
10) Biscuits, Gravy, Sausage, Fruit, Milk & Juice <hr/> Chicken Noodle Soup, Carrots, Fruit, Milk	11) Biscuit, Eggs, Sausage, Fruit, Milk & Juice <hr/> Shepard's Pie, Roll, Broccoli, Carrots, Fruit, Milk	12) Malt-O-Meal, Toast, Fruit, Milk & Juice <hr/> Baked Potato, Chili, Cheese, Rice Crispy Treat, Fruit, Milk	13) Breakfast Pizza, Fruit, Milk & Juice <hr/> Corndogs, Carrots, Chips, Fruit, Milk	14) Cereal, Toast, Fruit, Milk & Juice <hr/> Christmas Dinner
17) Biscuits, Gravy, Sausage, Fruit, Milk & Juice <hr/> Tater tot Casserole, Green Beans, Sweet Crackers, Fruit, Milk	18) Breakfast Burritos, Fruit Milk & Juice <hr/> Tacos, Lettuce, Tomatoes, Salsa, Mexican Corn, Fruit, Milk	19) <b>NO SCHOOL</b>	20) <b>NO SCHOOL</b>	21) <b>NO SCHOOL</b>
24) <b>NO SCHOOL</b>	25) <b>NO SCHOOL</b>	26) <b>NO SCHOOL</b>	27) <b>NO SCHOOL</b>	28) <b>NO SCHOOL</b>
31) <b>NO SCHOOL</b>				
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